

Packaging Materials

Man & Vans Ltd can provide you with all the packaging that you require to make you move as straightforward as possible. We'll deliver them straight to your door. If you are not keen to go through the hassle of packing up your house, we can offer you a packing service. We can also help you out in getting rid of the items that you don't want anymore. Give us a call for more details on our pre-back and dump services.

INDIVIDUAL PIECES

Small Box 18*12*10	£1.50
Medium Box 18*18*18	£2.50
Large Box 24*24*24	£3.50
Wardrobe Box	£8.50
Roll of Tape	£1.20
Bubble wrap per 20m	£5.00
Pack of Wrapping Paper	£8.00



Box Packages

ONE ROOM PACKAGE > £25.00

5 small boxes, 5 medium boxes,
1 roll of tape, 20m of bubble wrap,
1 wardrobe box

STANDARD PACKAGE > £70.00

15 small boxes, 15 medium boxes,
3 rolls of tape, 60m of bubble wrap,
3 wardrobe boxes

LARGE PACKAGE > £175.00

30 small boxes, 30 medium boxes,
10 large boxes, 100m bubble wrap,
15 rolls of tape, 8 wardrobe boxes

Man & Vans Ltd

Unit C, 2 Endeavour Way
Durnsford Road Industrial Estate
London SW19 8UH

t: 0845 170 0660 e: sales@manandvans.com

MAN & VANS

Professional and affordable light removals

MAN & VANS

Need a hand with your removals?

Let **MAN & VANS** take the strain
out of your home or office move



Professional and affordable light removals from as low as £35 per hour



Below is a ticklist of tasks that you may prove useful in getting yourself organised before your move. Man & Vans Ltd is happy to help you in any way we can with any of the below.

1 MONTH BEFORE

- Change the address on your monthly subscriptions
- If you rent your property, give notice to your landlord

2 WEEKS BEFORE

- Inform all your utility suppliers of your move
- Inform bank of your move
- Transfer your TV license
- Change your driver's license address
- Change insurance documents
- Begin planning your packing – Man & Vans can dispose unwanted items
- Book your move with Man & Vans
- Arrange any necessary storage – call Man & Vans for details

1 WEEK BEFORE

- Settle outstanding bills with Milk/Papers
- If possible, arrange childcare on the day of the move
- Arrange for someone to look after your pets on the day of the move
- Purchase packing materials from Man & Vans—see back cover
- Begin packing

3 DAYS BEFORE

- Ensure that keys for your new property are available
- Do any necessary last minute laundry
- Confirm on time of arrival of Man & Vans staff

DAY BEFORE THE MOVE

- Defrost freezer and unplug big appliances
- Pack a bag with all your necessary overnight things

DAY OF THE MOVE

- Take final meter readings
- Finish off any last minute packing
- Sit back and let the Man & Vans boys do the work!

t: 0845 170 0660 e: sales@manandvans.com

www.manandvans.com



MAN & VANS

Professional and affordable light removals

Man & Vans Ltd is a family run business specialising in light removals. We have a fleet of Luton vans with well trained staff, and have loads of experience in moving 1, 2 and 3 bed properties within London. That is not to say that we are limited to this area. National or International jobs are also gratefully received. At the other end of the scale, we are more than happy to quote for small items that need to be moved just round the corner. Essentially, we will move anything that can be moved in a van.

Man & Vans offers a range of pricing levels to suit your needs. For larger and long distance jobs we will offer you a fixed rate quote. For smaller moves within London jobs are charged on an hourly rate.

We have a minimum hire time of two hours for our jobs, but the time only starts when we arrive at the job, and finishes when the last box is unloaded. After the first two hours we charge in half hour increments.

One man and a van - £45 per hour (£35 for first hour if work starts in a SW postcode)

Two men and a van - £60 per hour

Three men and a van - £75 per hour

Many man and van companies pricing systems are riddled with hidden costs such as fuel charges, weekend/evening work, congestion charge, charges for travel time and additional fees for offices or homes on higher floors. Turn to the back of this leaflet for more information on the packing equipment that Man & Vans can provide you, and other ways that Man & Vans can help you in the lead up to your move.

0845 170 0660
www.manandvans.com

